

GAMBARAN KARAKTERISTIK AKSEPTOR KB SUNTIK 3 BULAN DI UPTD PUSKESMAS GANDRUNGMANGU II

DESCRIPTION OF THE CHARACTERISTICS OF 3-MONTH INJECTABLE KB ACCEPTORS AT UPTD PUSKESMAS GANDRUNGMANGU II

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ABSTRAK

Latar Belakang: Kontrasepsi dengan menggunakan KB suntik adalah salah satu metode kontrasepsi hormonal, cara kerja KB suntik yaitu dengan mencegah terjadinya proses pembuahan dengan mengentalkan lendir serviks sehingga menurunkan kemampuan penetrasi sperma. Faktor yang mempengaruhi dalam menggunakan KB suntik, antara lain pengetahuan, pendidikan, umur dan paritas. **Tujuan:** Penelitian bertujuan untuk mengetahui gambaran akseptor KB suntik 3 bulan di Puskesmas Gandrungmangu II, **Metode:** Penelitian Deskriptif dengan sampel sebanyak 35 akseptor KB suntik 3 bulan. Data diperoleh menggunakan lembar kuesioner yang kemudian dianalisis menggunakan analisis univariat. **Hasil:** Hasil penelitian menunjukkan gambaran karakteristik akseptor KB berdasarkan usia, pendidikan, pengetahuan dan paritas. **Kesimpulan:** Gambaran karakteristik akseptor KB sebagian besar akseptor KB suntik 3 bulan di Puskesmas Gandrungmangu II pada usia tidak berisiko sebanyak 82,9%, berpendidikan rendah (SD-SMP) sebanyak 60%, memiliki pengetahuan yang cukup sebanyak 68,6%, dan paling banyak dengan paritas Multipara sebanyak 62,9%.

Kata kunci: KB suntik 3 bulan, Karakteristik akseptor KB suntik 3 bulan

ABSTRACT

Background: Contraception using injectable birth control is one method of hormonal contraception, the way injectable birth control works is by preventing the fertilization process by thickening cervical mucus thereby reducing the ability of sperm penetration. Factors that influence the use of injectable birth control include knowledge, education, age and parity. **Objective:** The study aims to determine the picture of 3-month injectable KB acceptors at the Gandrungmangu II Health Center, **Method:** Descriptive Research with a sample of 35 3-month injectable KB acceptors. Data were obtained using questionnaire sheets which were then analyzed using univariate analysis. **Results:** The results showed a picture of the characteristics of birth control acceptors based on age, education, knowledge and parity. **Conclusion:** The characteristic description of birth control acceptors is that most of the 3-month injectable KB acceptors at the Gandrungmangu II Health Center at the age of 82.9% are not at risk, have low education (SD-SMP) as much as 60%, have sufficient knowledge as much as 68.6%, and at most with Multipara parity as much as 62.9%.

Keywords: 3 months injectable birth control, 3 months injectable KB acceptor characteristics