

**HUBUNGAN RIWAYAT BERAT BADAN LAHIR DAN USIA IBU
MENIKAH DENGAN STATUS GIZI PADA BALITA POSYANDU
WILAYAH DESA MAJAPURA KECAMATAN BOBOTSARI
KABUPATEN PURBALINGGA**

*The Relationship Of Birth Weight History And Mother's Age At Marriage With
Nutritional Status In Posyandu Toddler In Majapura Village Region, Bobotsari
District, Purbalingga District*

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ABSTRAK

Status gizi adalah suatu keadaan yang ditentukan oleh tingkat kebutuhan tubuh terhadap kalori dan zat-zat gizi lain dengan dampak fisik yang dapat diukur. Tujuan penelitian ini untuk mengetahui hubungan riwayat berat badan lahir (BBL) dan usia ibu menikah terhadap status gizi balita peserta posyandu Desa Majapura Kecamatan Bobotsari Kabupaten Purbalingga. Desain penelitian ini adalah penelitian korelasi melalui pendekatan *cross sectional*. Besar sampel 73 responden dan menggunakan metode *cluster random sampling*. Instrumen penelitian menggunakan berupa kuesioner riwayat BBL, usia menikah ibu dan mengukur BB anak serta mengukur PB/TB anak. dilakukan uji *rank spearman*. Hasil penelitian ini terdapat hubungan antara riwayat BBL dengan status gizi anak dan tidak ada hubungan antara usia ibu menikah dengan status gizi anak ($p\text{ value} = 0.000$, $p\text{ value} 0.098$, $\alpha=0,05$) di Posyandu Desa Majapura Kecamatan Bobotsari Kabupaten Purbalingga. Kesimpulan diharapkan dapat meningkatkan pengetahuan tentang riwayat berat badan lahir, usia ibu menikah dan status gizi pada balita untuk meningkatkan kualitas balita yang sehat untuk tahun berikutnya.

Kata Kunci : Riwayat berat badan lahir, Status gizi Balita, Usia Ibu menikah

ABSTRACT

Nutritional status is a condition determined by the level of body's need for calories and other nutrients with measurable physical impacts. The purpose of this study was to determine the relationship between birth weight history (BBL) and maternal age of marriage to the nutritional status of toddlers participating in the Majapura Village Posyandu, Bobotsari District, Purbalingga Regency. The design of this study was a correlation study through a cross-sectional approach. The sample size was 73 respondents and used the cluster random sampling method. The research instrument used a questionnaire on BBL history, maternal age of marriage and measuring child BB and measuring child PB/TB. Spearman rank test was carried out. The results of this study showed a relationship between BBL history and child nutritional status and there was no relationship between maternal age of marriage and child nutritional status ($p\text{ value}=0.000$, $p\text{value}=0.098$, $\alpha=0.05$) at Posyandu, Majapura Village, Bobotsari District, Purbalingga Regency. The conclusion is expected to increase knowledge about birth weight history, maternal age of marriage and nutritional status in toddlers to improve the quality of healthy toddlers for the following year.

Keywords: Birth weight history, Toddler nutritional status, Mother's age at marriage