

PERILAKU HIDUP BERSIH DAN SEHAT MASYARAKAT YANG TERKENA DAN YANG TIDAK TERKENA COVID-19 DI PUSKESMAS KESUGIHAN I

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ABSTRAK

Hingga kini PPKM masih diberlakukan, hal tersebut mengindikasikan bahwa pandemi belum berakhir. Diperlukan perubahan perilaku dalam menerapkan PHBS. Penelitian ini bertujuan untuk mengetahui perbedaan perbedaan Perilaku Hidup Bersih dan Sehat antara masyarakat yang terkena covid-19 dan yang tidak terkena covid-19 di Wilayah Puskesmas Kesugihan I. Jenis penelitian ini adalah penelitian kuantitatif dengan studi perbandingan dan rancangan *cross sectional* 44 orang masyarakat yang terkena Covid-19 dan 44 orang masyarakat yang tidak terkena Covid-19 yang diambil menggunakan metode *purposive sampling*. Analisis data menggunakan uji *Mann Whitney*. Hasil penelitian menunjukkan bahwa masyarakat sebagian besar mempunyai perilaku PHBS baik, yang terkena covid-19 (84,1%) dan yang tidak terkena covid-19 (56,8%). Ada perbedaan perilaku hidup bersih dan sehat antara masyarakat yang terkena covid-19 dan yang tidak terkena covid-19 di Puskesmas Kesugihan 1 Cilacap ($Z = -2,818$, $p_v = 0,005$, $\alpha = 0,05$).

Kata kunci : Perbedaan, PHBS, masyarakat, terkena Covid-19, tidak terkena Covid-19

ABSTRACT

Until now PPKM is still in effect, this indicates that the pandemic is not over yet. Changes in behavior are needed in implementing PHBS. This study aims to determine the differences in Clean and Healthy Living Behaviors between people affected by COVID-19 and those who are not affected by COVID-19 in the Puskesmas Kesugihan I area. This type of research is a quantitative study with a comparative study and a cross sectional design of 44 people affected by the disease. Covid-19 and 44 people who were not affected by Covid-19 were taken using the purposive sampling method. Data analysis using Mann Whitney test. The results showed that most of the people had good PHBS behavior, those who were exposed to covid-19 (84.1%) and those who were not affected by covid-19 (56.8%). There are differences in clean and healthy living behavior between people affected by COVID-19 and those who are not affected by COVID-19 at the Kesugihan 1 Cilacap Health Center ($Z = -2.818$, $p_v = 0.005$, $\alpha = 0.05$).

Keywords: Difference, PHBS, community, affected by Covid-19, not affected by Covid-19