

DAFTAR PUSTAKA

- Aebischer, A.S. and Duff, S. (2020) 'Bunions: A review of management.', *Australian journal of general practice*, 49(11), pp. 720–723. Available at: <https://doi.org/10.31128/AJGP-07-20-5541>.
- Anonim (2024) *Bunion symptoms & treatment*, Aurora Health Care. Available at: <https://www.aurorahealthcare.org/services/orthopedics/conditions/bunions>.
- Anonim (2024) *Hallux Valgus - Bunion*, UW Medicine Orthopadics and Sports Medicine. Available at: <https://orthop.washington.edu/patient-care/articles/ankle/hallux-valgus-bunions.html>.
- Ari, N. *et al.* (2024) 'Penyuluhan Strengthening Exercise dalam pengelolaan Nyeri Penderita Osteoarthritis di Wilayah RW 04 Mulyorejo Selatan Surabaya', *Jurnal Pengabdian Masyarakat* [Preprint]. Available at: [https://repository.um-surabaya.ac.id/6596/1/Manuskrip Strengthening NA-RS-ACA.pdf](https://repository.um-surabaya.ac.id/6596/1/Manuskrip%20Strengthening%20NA-RS-ACA.pdf).
- Arif, N. *et al.* (2021) 'Pengaruh Pemberian Terapi Ultrasound Terhadap Nyeri Pada Pasien Osteoarthritis Lutut', *Journal of Electronics, Electromedical Engineering, and Medical Informatics*, 4(1), pp. 49–58. Available at: <https://ppjp.ulm.ac.id/journals/index.php/hms/article/view/3322>.
- Gatot, W., Afif, G. and Yulianto, W. (2022) 'Pengaruh Pemberian Ultrasound dan Transcutaneous Electrical Nerve Stimulation(TENS)', *Jurnal Stikes Bethesda* [Preprint]. Available at: <https://jurnal.stikesbethesda.ac.id/index.php/p/article/download/419/283/2209>.
- Indrati *et al.* (2023) 'Kombinasi Ultrasound dan Retrowalking Meningkatkan Kemampuan Fungsional Pasien Osteoarthritis Knee di RSUD Gambiran Kota Kediri', *Kieraha Medical Journal*, 5. Available at: <https://ejournal.unkhair.ac.id/index.php/kmj/article/download/7022/4583>.
- Ismianingsih, I., Relid, S.N. and Maulidya, M. (2021) 'Peranan Fisioterapi pada Kasus Hallux Valgus (Bunion) dengan Intervensi NMT dan Strengthening untuk Mengurangi Nyeri', *Jurnal Ilmiah Fisioterapi*, 4(Vol 4 No 01 (2021): Februari), p. 1. Available at: <https://jurnal.univrab.ac.id/index.php/jif/article/view/1733>.
- James, K. and Farhan, A. (2023) 'Hallux Valgus', *National Institutes of Health* [Preprint]. Available at: <https://pubmed.ncbi.nlm.nih.gov/31971732/>.
- Jennifer, F. and Doug, B.W. (2023) *Anatomy, Bony Pelvis and Lower Limb: Foot*,

National Library of Medicine. Available at:
<https://www.ncbi.nlm.nih.gov/books/NBK546698/>.

Kunti, L. (2022) 'Pemberian Terapi Latihan, Ultrasound (US) Serta Transcutaneous Electrical Nerve Stimulation (TENS) Pada Pasien Osteoarthritis Knee Bilateral', *Jurnal Health Sains*, 3, p. 1. Available at:
<https://doi.org/doi.org/10.46799/jhs.v3i3.441>.

Lynn, L.T. (2022) *Easy Home Exercise To Manage Bunions*. Available at:
<https://physioandsole.com.sg/easy-home-exercises-to-manage-bunions/>.

Nashrullah, N. (2020) *Rasulullah SAW Anjurkan Berobat Meski Alquran Juga Penawar*, *Republika.co.id*. Available at:
<https://khazanah.republika.co.id/berita/q42vnl320/rasulullah-saw-anjurkan-berobat-meski-alquran-juga-penawar>.

Osborne Jhon W.A *et al.* (2023) 'Development of a foot and ankle strengthening program for the treatment of plantar heel pain : a delphi consensus study', *Journal of Foot and Ankle Research*, 16(67), pp. 1–10.

Papadopoulos, E.S. and Mani, R. (2020) 'The Role of Ultrasound Therapy in the Management of Musculoskeletal Soft Tissue Pain', *International Journal of Lower Extremity Wounds*, 19(4), pp. 350–358. Available at:
<https://doi.org/10.1177/1534734620948343>.

Ramanda, D.R. (2021) *Epidemiologi Bunion*, *Alomedika.com*. Available at:
<https://www.alomedika.com/penyakit/ortopedi/bunion/epidemiologi>.

Ramanda, D.R. (2023) *Patofisiologi Bunion*, *Alomedika.com*. Available at:
https://www.google.com/search?q=patofisiologi+hallux+valgus&sca_esv=597588732&bih=679&biw=1366&hl=id&sxsrf=ACQVn08H8nQcDa4zyQrjhFfp6DEHT1nxgw%3A1705010056491&ei=iGOgZc7SHYne4-EP9p68-Ak&ved=0ahUKEwjOtoW2qdaDAxUJ7zgGHXYPD58Q4dUDCBA&uact=5&oq=patofisiologi+h.

Ray, J.J. *et al.* (2019) 'Hallux Valgus.', *Foot & ankle orthopaedics*, 4(2), p. 2473011419838500. Available at:
<https://doi.org/10.1177/2473011419838500>.

Restu, N. (2020) *Perbedaan Pengaruh Kinesio Taping dan Ultrasound Terhadap Penurunan Nyeri De Quarvain Syndrome*. Available at:
http://digilib.unisayogya.ac.id/5139/1/Restu+Nugrahemi_1610301026_S1+Fisioterapi_Naspub+Restu+Nugrahemi.pdf.

Sita, S.P.A. *et al.* (2023) 'Postural Correction pada intervensi INIT dan Ultrasound

Therapy Dalam Menurunkan Disabilitas Pada Nyeri Leher Non Spesifik', *Majalah Ilmiah Fisioterapi Indonesia* *ajalah Ilmiah*, 11. Available at: <https://ojs.unud.ac.id/index.php/mifi/article/download/96226/49799/>.

Tarbiyah, A.M. and Arin, S. (2022) 'Program Fisioterapi Pada Pasien Dengan Kasus Hallux Valgus (Bunion) Disertai Turf Toe Injuries (A Case Report)', *Journal of Innovation Research and Knowledge*, 2, p. 1. Available at: <https://bajangjournal.com/index.php/JIRK/article/view/4286>.

Taylor, B.M. and Steven, L.. M. (2022) *Bunion, OrthoInfo*. Available at: <https://orthoinfo.aaos.org/en/diseases--conditions/bunions/>.

Thomas, S. and Martin, R. (2024) *Hallux valgus : A minimally invasive surgery corrects the position of the big toe*. Gundelfingen. Available at: <https://www.joint-surgeon.com/orthopedic-services/foot-and-ankle/hallux-valgus-hallux-rigidus-bunion-surgery.html>.

Yangting, C. *et al.* (2023) 'Global prevalence and incidence of hallux valgus : a systematic review and meta analysis', *Journal of Foot and Ankle Research* [Preprint]. Available at: <https://jfootankleres.biomedcentral.com/articles/10.1186/s13047-023-00661-9>.

Zakiya, M.I. (2019) 'Penatalaksanaan Active Exercise, Strengthening, Dan Functional Exercise Untuk Meningkatkan Lingkup Gerak Sendi Proximal Interphalang Pada Kasus Post Operasi Transfer Tendon Dextra Etcausa Claw Hand Di Unit Rehabilitasi Kusta RSUD Kelet Provinsi Jawa Tenga'.