

## Karakteristik Ibu dan Indikasi Sectio Caesarea (SC) di Rumah Sakit Palang Biru Gombong

### *Maternal Characteristics And Indications For Sectio Caesarea (Sc) At Palang Biru Hospital Gombong*

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#### ABSTRAK

Persalinan adalah suatu proses pengeluaran hasil konsepsi yang dapat hidup di dalam uterus melalui vagina ke dunia luar. Sectio Caesarea di definisikan sebagai lahirnya janin melalui insisi di dinding abdomen (laparotomi) dan dinding uterus atau histrekrktomi. Penelitian ini bertujuan untuk mengetahui karakteristik ibu dan indikasi SC di Rumah Sakit Palang Biru Gombong. Jenis penelitian merupakan studi deskriptif analitik dengan rancangan cross sectional. Data diperoleh dari rekam medis Rumah Sakit Palang Biru Gombong. Pengambilan data menggunakan lembar checklist. Teknik pengambilan sampel adalah purposive sampling dengan total sampel 68 responden. Hasil penelitian dari 68 responden dengan karakteristik umur ibu tidak berisiko sebanyak 39 ibu (57.4%), jarak kehamilan berjarak 2 – 5 tahun, sebanyak 39 ibu (57.4 %), jarak paritas kategori risiko rendah, sebanyak 65 (95.6 %), umur kehamilan kategori aterm, yaitu sebanyak 63 (92.6 %), dan indikasi SC dari janin, yaitu sebanyak 35 ibu (51.5 %). Sehingga dapat disimpulkan bahwa pasien di Rumah Sakit Palang Biru Gombong sebagian besar ibu hamil dalam umur ibu hamik tidak berisiko, memiliki jarak kehamilan, jarak paritas serta umur kehamilan yang baik dan indikasi SC di dominasi oleh indikasi janin.

Kata Kunci : Karakteristik, Indikasi, Sectio Caesarea (SC)

#### ABSTRACT

Childbirth is a process of expelling the viable products of conception in the uterus through the vagina to the outside world. Sectio Caesarea is defined as the birth of a fetus through an incision in the abdominal wall (laparotomy) and uterine wall or hysterectomy. This study aims to determine maternal characteristics and indications for SC at Palang Biru Gombong Hospital. This type of research is a descriptive analytical study with a cross-sectional design. Data was obtained from medical records at Palang Biru Gombong Hospital. Data collection uses a checklist sheet. The sampling technique was purposive sampling with a total sample of 68 respondents. The research results from 68 respondents with maternal no risk age characteristics were 39 mothers (57.4%), the pregnancy distance was 2 - 5 years, 39 mothers (57.4%), the parity distance was in the low risk category, 65 (95.6%), the gestational age was in the term category. , namely 63 (92.6%), and indications for CS from the fetus, namely 35 mothers (51.5%). So it can be concluded that the majority of patients at the Palang Biru Gombong Hospital are pregnant women who are not at risk, have a good gestational age, parity distance and gestational age and the SC indication is dominated by the fetal indication.

Keywords: Characteristics, Indications, Sectio Caesarea (SC)