

**PENERAPAN TINDAKAN KEPERAWATAN TERAPI GENERALIS
(SP 1-4) PASIEN SKIZOFRENIA DENGAN HALUSINASI DI RUANG
ARJUNA RSUD BANYUMAS**

*Implementation Of Generalist Therapy Nursing Measures (Sp 1-4) Schizophrenia
Patient With Hallucinations In The Arjuna Room Of Banyumas Hospital*

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ABSTRAK

World Health Organization, (2022), memperkirakan terdapat sekitar 300 juta orang didunia mengalami gangguan jiwa seperti bipolar, demensia, termasuk 24 juta orang yang mengalami skizofrenia. lebih dari 90% penderita skizofrenia mengalami halusinasi. Halusinasi merupakan suatu bentuk dampak dari gangguan persepsi. Tujuan penulisan menggambarkan penerapan tindakan keperawatan terapi generalis (SP 1-4) pada pasien skizofrenia dengan halusinasi pendengaran di ruang Arjuna RSUD Banyumas. Metode yang digunakan dalam memberikan asuhan keperawatan menggunakan metode deskriptif dengan pendekatan studi kasus dan menggunakan proses pendekatan keperawatan, sampling yang digunakan meliputi 1 responden. Hasil setelah dilakukan asuhan keperawatan selama 4 kali pertemuan didapatkan hasil perencanaan sesuai dengan perencanaan yang dapat dibuat dengan mengajarkan terapi generalis (SP 1-4) pada pasien halusinasi pendengaran. Evaluasi yang didapatkan yaitu pasien mampu mengontrol halusinasi, minum obat secara teratur, bercakap-cakap dan melakukan aktivitas terjadwal.

Kata Kunci : Skizofrenia, Halusinasi, Terapi Generalis

ABSTRACT

World Health Organization, (2022), estimates that there are around 300 million people in the world who experience mental disorders such as bipolar, dementia, including 24 million people who experience schizophrenia. Hallucinations are a form of impact of perceptual disorders. The purpose of writing a description of the application of generalist therapy nursing measures (SP 1-4) in patients with schizophrenia with auditory hallucinations in the Arjuna room of Banyumas Hospital. The method used in providing nursing care uses a descriptive method with a case study approach and uses a nursing approach process, the sampling used includes 1 respondent. The results after nursing care for 4 meetings were obtained in accordance with the planning that could be made by teaching generalist therapy (SP 1-4) to auditory hallucination. The evaluation obtained was that the patient was able to control hallucinations, take medication regularly, converse and carry out scheduled activities.

Keywords : Schizophrenia, Hallucinations, Generalist Therapy