

**PENERAPAN TINDAKAN KEPERAWATAN TERAPI GENERALIS
(SP 1-4) PASIEN SKIZOFRENIA DENGAN RISIKO PERILAKU
KEKERASAN DI RUMAH PELAYANAN DISABILITAS MENTAL
JERUKELGI**

Implementation Of Generalist Therapy Nursing Measures (Sp 1-4)
Schizophrenia Patient With the Risk of Violent Behavior
at the Jeruklegi Mental Disability Social Service Home

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ABSTRAK

Menurut World Health Organization (WHO) tahun 2022 terdapat 300 juta orang di seluruh dunia mengalami gangguan jiwa seperti depresi, bipolar, demensia, termasuk 24 juta orang yang mengalami skizofrenia. Risiko Perilaku Kekerasan (RPK) merupakan salah satu respon marah yang diekspresikan dengan melakukan ancaman. Tujuan penulisan penggambaran penerapan tindakan keperawatan terapi generalis (SP 1-4) pada pasien skizofrenia dengan risiko perilaku kekerasan di Rumah Disabilitas Mental Jeruklegi. Metode yang digunakan dalam memberikan asuhan keperawatan menggunakan metode deskriptif dengan pendekatan studi kasus dan menggunakan proses pendekatan keperawatan, sampling yang digunakan meliputi 1 responden. Hasil setelah dilakukan asuhan keperawatan selama 4 kali pertemuan didapatkan hasil perencanaan sesuai dengan perencanaan yang dapat dibuat dengan mengajarkan terapi generalis (SP 1-4) pada pasien risiko perilaku kekerasan. Evaluasi yang didapatkan yaitu pasien mampu mengontrol perilaku kekerasan dengan cara fisik, minum obat secara teratur, verbal serta spiritual.

Kata Kunci : Schizophrenia, Risiko Perilaku Kekerasan, Terapi Generalis

ABSTRACT

World Health Organization (WHO), in 2022 there are 300 million people around the world experiencing mental disorders such as depression, bipolar, dementia, including 24 million people who experience schizophrenia. The Risk of Violent Behavior (RPK) is one of the angry responses expressed by making threats. The purpose of writing a description of the application of generalist therapy nursing actions (SP 1-4) in schizophrenia patients with the risk of violent behavior in the Jeruklegi Mental Disability Home. The method used in providing nursing care uses a descriptive method with a case study approach and uses a nursing approach process, the sampling used includes 1 respondent. The results after nursing care for 4 meetings were obtained in accordance with the planning that could be made by teaching generalist therapy (SP 1-4) to patients at risk of violent behavior. The evaluation obtained was that the patient was able to control violent behavior in physical ways, taking medication regularly, verbally and spiritually

Keywords : Schizophrenia, Risk of violent behavior, Generalist Therapy