

**PENERAPAN TINDAKAN KEPERAWATAN TERAPI GENERALIS
HALUSINASI (SP 1-4) PADA KLIEN HALUSINASI PENDENGARAN
DI UPTD PUSKESMAS NUSAWUNGU II**

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ABSTRAK

Halusinasi merupakan suatu penyerapan pancaindra tanpa ada rangsangan dari luar, orang sehat persepsinya akurat, mampu mengidentifikasi dan menginterpretasikan stimulus berdasarkan informasi yang diterimanya melalui pancaindra. Tujuan dari karya ilmiah ini adalah untuk mengetahui pelaksanaan penerapan tindakan keperawatan Terapi Generalis (Sp 1-4) pada pasien Skizofrenia dengan Halusinasi Pendengaran di Ruang Sadewa RSUD Banyumas. Karya ilmiah ini menggunakan metode studi kasus dengan pendekatan proses keperawatan yang terdiri dari pengkajian, diagnosa, intervensi, implementasi dan evaluasi keperawatan. Teknik pengumpulan data dilakukan melalui wawancara. Hasil karya ilmiah berdasarkan studi kasus tentang penerapan tindakan keperawatan terapi generalis (SP 1-4) pada pasien skizofrenia dengan masalah gangguan persepsi sensori: halusinasi pendengaran bahwa pada tahap pengkajian sudah dilakukan sesuai dengan teori diantaranya pada pengkajian halusinasi harus dikaji secara detail mengenai mengenal halusinasi, jenis halusinasi, isi, waktu, frekuensi, situasi yang menimbulkan halusinasi, dan respon pasien terhadap halusinasi. Diagnosa keperawatan pada Tn.S yaitu gangguan persepsi sensori: halusinasi pendengaran. Diagnosa ini diangkat berdasarkan data subjektif dan objektif yang mendukung. Intervensi keperawatan yang direncanakan kepada Tn.S disesuaikan dengan kondisi pasien. Implementasi keperawatan dilakukan selama 4 hari berdasarkan intervensi yang telah disusun. Setelah dilakukan tindakan keperawatan selama 4 hari dilanjutkan dengan melakukan evaluasi tindakan keperawatan mengenai kemampuan pasien dan frekuensi halusinasi pada Tn. S.

Kata Kunci : Terapi Generalis (SP 1-4), Skizofrenia, Halusinasi Pendengaran

**IMPLEMENTATION OF GENERAL HALLUCINATION THERAPY NURSING
MEASURES (SP 1-4) IN HEARING HALLUCINATION PATIENTS IN THE
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ABSTRACT

Hallucinations are an absorption of the five senses without any external stimulation, healthy people have accurate perceptions, are able to identify and interpret stimuli based on the information they receive through the five senses. The aim of this scientific work is to determine the implementation of Generalist Therapy nursing actions (Sp 1-4) in Schizophrenia patients with auditory hallucinations in the Sadewa Room at Banyumas Regional Hospital. This scientific work uses a case study method with a nursing process approach consisting of assessment, diagnosis, intervention, implementation and nursing evaluation. Data collection techniques were carried out through interviews and observationsl which was carried out. The results of scientific work are based on case studies regarding the application of generalist therapeutic nursing actions (SP 1-4) in schizophrenic patients with sensory perception disorders: auditory hallucinations that at the assessment stage have been carried out in accordance with theory, including that the study of hallucinations must be studied in detail regarding recognizing hallucinations, types of hallucinations, content, time, frequency, situations that cause hallucinations, and the patient's response to hallucinations. Mr.S nursing diagnosis was sensory perception disorder: auditory hallucinations. This diagnosis is made based on supporting subjective and objective data. The nursing interventions planned for Mr.S were adjusted to the patient's condition. Nursing implementation was carried out for 4 days based on the interventions that had been prepared. After carrying out nursing actions for 4 days, it was continued by evaluating nursing actions regarding the patient's abilities and the frequency of hallucinations in Mr. S.

Keywords: Generalist Therapy (SP 1-4), Schizophrenia, Auditory Hallucinations