

**PENERAPAN METODE *KANGAROO MOTHER CARE* (KMC) PADA
KLIEN DENGAN HIPOTERMIA UNTUK PENINGKATAN SUHU TUBUH
BAYI BERAT BADAN LAHIR RENDAH DI RUANG PERINATOLOGI
RUMAH SAKIT ISLAM FATIMAH CILACAP**

*Application of the Method Kangaroo Mother Care (Kmc) In Clients With
Hypothermia to Increase the Body Temperature of Low Birth Weight Babies in the
Perinatology Room at Fatimah Islamic Hospital Cilacap*

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ABSTRAK

Penyakit Bayi lahir dengan berat badan rendah sangat beresiko dan seringkali memiliki masalah, salah satunya hipotermia. Untuk mengatasi segala permasalahan pada bayi BBLR maka diperlukan penanganan khusus diantaranya stabilisasi suhu, perlu dijaga bayi agar tetap hangat karena akan rentan terhadap hipotermia sehingga dijaga agar tetap hangat. Perawatan Kangaroo Mother Care adalah alternatif perawatan bayi baru lahir. Tujuan dari penelitian ini untuk Mengetahui lebih lanjut bagaimana efektifitas pemberian Kangaroo Mother Care (KMC) terhadap suhu tubuh bayi. Setelah Pemberian asuhan keperawatan dengan terapi kangaroo mother yang dilakukan selama 5 hari perawatan secara berturut turut, didapatkan hasil Perubahan suhu tubuh BBLR sebelum dilakukan 36,0 °C dan sesudah dilakukan didapatkan hasil suhu tubuh 37°C penerapan Kangaroo Mother Care Hal ini menunjukkan bahwa Penerapan kangaroo mother care sangat efektif terhadap kestabilan suhu tubuh BBLR

Kata Kunci : Metode Kangguru, Suhu Tubuh, BBLR

ABSTRACT

Babies born with low birth weight are very risky and often have problems, one of which is hypothermia. To overcome all problems in LBW babies, special treatment is needed, including temperature stabilization, it is necessary to keep the baby warm because it will be susceptible to hypothermia so it is kept warm. Kangaroo Mother Care is an alternative newborn care. The aim of this research is to find out more about the effectiveness of giving Kangaroo Mother Care (KMC) on baby's body temperature. After providing nursing care with kangaroo mother therapy which was carried out for 5 days of continuous care. The result of the change in LBW body temperature before it was carried out was 36.0 °C and after it was carried out, the result was 37 °C when applying Kangaroo Mother Care. This shows that the application of kangaroo mother care was very effective in the stability of LBW body temperature.

keywords : Kangaroo Method, Body Temperature, LBW