

**PENERAPAN TINDAKAN KEPERAWATAN  
TERAPI GENERALIS (SP1-4) PADA PASIEN SKIZOFRENIA  
DENGAN HALUSINASI PENDENGARAN  
DI RUANG NUSA INDAH RSUD PREMBUN**

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**ABSTRAK**

Halusinasi adalah gangguan persepsi sensori dari suatu objek rangsangan dari luar, gangguan persepsi sensori ini meliputi seluruh indra yaitu pendengaran, penglihatan, pengecapan, perabaan dan penciuman. Halusinasi biasanya muncul pada pasien gangguan jiwa diakibatkan terjadinya perubahan orientasi realita, pasien merasakan stimulasi yang sebetulnya tidak ada. Tujuan dari karya ilmiah ini adalah untuk mengetahui pelaksanaan penerapan tindakan keperawatan Terapi Generalis (Sp 1-4) pada pasien Skizofrenia dengan Halusinasi Pendengaran di Ruang Nusa Indah RSUD Prembun. Karya ilmiah ini menggunakan metode studi kasus dengan pendekatan proses keperawatan yang terdiri dari pengkajian, diagnosa, intervensi, implementasi dan evaluasi keperawatan. Teknik pengumpulan data dilakukan melalui wawancara dan observasi di Ruang Nusa Indah RSUD Prembun yang dilakukan pada tanggal 7-9 November 2023. Hasil karya ilmiah berdasarkan studi kasus tentang penerapan tindakan keperawatan terapi generalis (SP 1-4) pada pasien skizofrenia dengan masalah gangguan persepsi sensori: halusinasi pendengaran bahwa pada tahap pengkajian sudah dilakukan sesuai dengan teori diantaranya pada pengkajian halusinasi harus dikaji secara detail mengenai jenis halusinasi, isi, waktu, frekuensi, situasi yang menimbulkan halusinasi, dan respon pasien terhadap halusinasi. Diagnosa keperawatan pada Tn.N yaitu gangguan persepsi sensori: halusinasi pendengaran. Diagnosa ini diangkat berdasarkan data subjektif dan objektif yang mendukung. Intervensi keperawatan yang direncanakan kepada Tn.N disesuaikan dengan kondisi dan kebutuhan pasien. Implementasi keperawatan dilakukan selama 3 hari berdasarkan intervensi yang telah disusun. Setelah dilakukan tindakan keperawatan selama 3 hari dilanjutkan dengan melakukan evaluasi tindakan keperawatan dengan hasil bahwa semua tindakan keperawatan telah dipahami dan mampu dilakukan oleh Tn.N namun masalah keperawatangangguan persepsi sensori: halusinasi pendengaran SP 1-4 tercapai sebagaian.

**Kata Kunci :** Terapi Generalis (SP 1-4), Skizofrenia, Halusinasi Pendengaran

## **ABSTRACT**

*Hallucinations are disturbances in sensory perception of an object of external stimulation. These disturbances in sensory perception include all the senses, namely hearing, sight, taste, touch and smell. Hallucinations usually appear in patients with mental disorders due to a change in orientation to reality, the patient feels stimulation that does not actually exist. The aim of this scientific work is to determine the implementation of Generalist Therapy nursing actions (Sp 1-4) in Schizophrenia patients with auditory hallucinations in the Nusa Indah Room at Prembun Regional Hospital. This scientific work uses a case study method with a nursing process approach consisting of assessment, diagnosis, intervention, implementation and nursing evaluation. Data collection techniques were carried out through interviews and observations in the Nusa Indah Room, Prembun Regional Hospital, which was carried out on 7-9 November 2023. The results of scientific work are based on case studies regarding the application of generalist therapeutic nursing actions (SP 1-4) in schizophrenic patients with problems with sensory perception disorders : auditory hallucinations that at the assessment stage have been carried out in accordance with theory, including that the study of hallucinations must be studied in detail regarding the type of hallucination, content, time, frequency, situations that cause hallucinations, and the patient's response to hallucinations. The nursing diagnosis for Mr. N was sensory perception disorder: auditory hallucinations. This diagnosis is made based on supporting subjective and objective data. Nursing interventions planned for Mr. N are adjusted to the patient's condition and needs. Nursing implementation was carried out for 3 days based on the interventions that had been prepared. After carrying out nursing actions for 3 days, it was continued by evaluating nursing actions with the result that all nursing actions were understood and able to be carried out by Mr. N, but the nursing problem of sensory perception disorders: auditory hallucinations SP 1-4 was partially achieved.*

**Keywords:** *Generalist Therapy (SP 1-4), Schizophrenia, Auditory Hallucinations*