

DAFTAR PUSTAKA

- Al., A. et (2022) 'Pengaruh Neural Mobilization dan Manual Traction pada kasus Cervical Root Syndrome untuk Peningkatan Kemampuan Fungsional: A Case Report', *Jurnal Kesehatan dan Fisioterapi (Jurnal KeFis)*, 2(3), pp. 30–35. Available at: <https://ejournal.insightpower.org/index.php/KeFis/article/view/120>.
- Al., Z. et (2021) 'Physiotherapy Management For Cervical Root Syndrome: A Case Study', *Academic Physiotherapy Conference Proceeding*, pp. 920–927. Available at: <https://proceedings.ums.ac.id/index.php/apc/article/view/255>.
- Alfawaz et al (2020) 'Effect Of Adding Stretching To Standardized Procedures On Cervical Range Of motion, Pain And Disability In Patients With Non-Specific Mechanical Neck Pain', *Journal Of Bodywork & Movement Therapies* [Preprint]. Available at: https://d1wqtxts1xzle7.cloudfront.net/87658925/j.jbmt.2020.02.02020220617-1-1feym31-libre.pdf?1655484530=&response-content-disposition=inline%3B+filename%3DEffect_of_adding_stretching_to_standardi.pdf&Expires=1703033704&Signature=hPoKtbwPae0L7EsUYfl2vdcLg.
- Anonim (2020) *Cervical Radiculopathy Home Based Rehabilitation Programme Service User Information, Fife Musculoskeletal Physiotherapy Service*. Available at: <https://www.nhsfife.org/media/35360/cervical-radiculopathy-english-1.pdf>.
- Anonim (2023) *Spine Anatomy, Goodman Campbell Brain And Spine*. Available at: <https://www.goodmancampbell.com/conditions/spine/>.
- Asiduba Igwe et al (2022) 'Effect Of Cervical Traction And Infrared Therapy On Pain Intensity And Neck Disability Index Among People With Cervical Spondylitis', *Journal of Musculoskeletal Research* [Preprint].
- Borrella-Andrés et al (2021) *Manual Therapy As A Management Of Cervical Radiculopathy, Biomed Research International*. Available at: <https://www.hindawi.com/journals/bmri/2021/9936981/>.
- Brett Sears (2022) *Manual Cervical Traction in Physical Therapy*. Available at: <https://www.verywellhealth.com/manual-cervical-traction-2696409>.
- Chan (2024) *Intervetebreal Disc, physiopedia*. Available at: https://www.physio-pedia.com/Intervertebral_disc.
- Chung Kang et al (2020) 'Cervical Radiculopathy Focus on Characteristics and Differential Diagnosis', *national library of medicine* [Preprint]. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7788378/>.
- Dwijaya (2024) *Origo,Insertio,Inervasi Dan Aksi Otot Manusia Bagian Kepala dan Cervical*. Available at:

- https://www.academia.edu/33813702/ORIGO_INSERTIO_INERVASI_DAN_AKSI_OTOT_MANUSIA_bag_kepala_dan_servikal_new_release.
- Frost et al (2019) 'Materials For The Spine: Anatomy, Problems, and Solutions', *national library of medicine* [Preprint]. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6356370/>.
- Gashi, A.I. *et al.* (2023) 'The Effect Of Proprioceptive Neuromuscular Facilitation Technique On Treating Cervical Radiculopathy', *Journal of Physical Education and Sport*, 23(3), pp. 722–729. Available at: <https://doi.org/10.7752/jpes.2023.03089>.
- Jana, paramita galus (2022) 'Fisioterapi Untuk Cervical Root Syndrome Pada Pelajar', *Indonesian Journal of Physiotherapy Research and Education IJOPRE*, 3(2), p. 8.
- Juraidah et al (2023) 'Pengaruh Infrared Dan Cailliet Exercise Terhadap Penurunan Nyeri Dan Spasme Otot Pada Pasien Spondylosis Cervikal', *Jurnal Kesehatan dan Fisioterapi (Jurnal KeFis)* [Preprint].
- Kaiser et al (2023) *Anatomy, Head and Neck: Cervical Vertebrae*, *national library of medicine*. Available at: https://www.ncbi.nlm.nih.gov/books/NBK539734/#_article-36293_s18_.
- Kinandana, G.P. *et al.* (2020) 'Upper Limb Neurodynamic Bilateral Lebih Menurunkan Skor Nyeri Dan Tension Nervus Medianus Dibandingkan Dengan Upper Limb Neurodynamic Ipsilateral Pada Penderita Cervical Radiculopathy', *Sport and Fitness Journal*, 8(3), p. 175. Available at: <https://doi.org/10.24843/spj.2020.v08.i03.p10>.
- Liang, Cui., et al (2019) *The Effectiveness Of Exercise On Cervical Radiculopath*, *national library of medicine*. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6736459/>.
- Liang et al (2019) *The Effect Of Exercise On Cervical Radiculopathy*, *national library of medicine*. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6855577/>.
- Sam Barnes (2020) *The Cervical Spine, Teach Me Anatomy*. Available at: <https://teachmeanatomy.info/neck/bones/cervical-spine/>.
- Shahid (2023) *The Cervical Plexus, Teach Me Anatomy*. Available at: <https://teachmeanatomy.info/neck/nerves/cervical-plexus/>.
- Siswanto (2022) *Cervical Root Syndrome, Kementerian Kesehatan Direktorat Jenderal Pelayanan Kesehatan*. Available at: https://yankes.kemkes.go.id/view_artikel/1905/cervical-root-syndrome.
- Travis Rose (2023) *Towel Traction With Patner*. Available at: <https://www.peakformhealthcenter.com/towel-traction-for-neck-pain/>.
- Ventiani et al (2022) 'Program Fisioterapi Untuk Mengatasi Keluhan Pada Cervical

Root Syndrome', *Physiotherapy Health Science* [Preprint].

Waliyatun et al (2023) 'Penatalaksanaan Fisioterapi Pada Kasus Cervical Root Syndrome', *journal of inovation research and knowledge* [Preprint].

Waliyatun Jannah et al (2023) 'Penatalaksanaan Fisioterapi Pada Kasus Cervical Root Syndrome', *Journal of Innovation Research and Knowledge* [Preprint]. Available at: <https://bajangjournal.com/index.php/JIRK/article/view/5007>.

Waxenbaum et al (2023) 'Anatomy, Head and Neck: Cervical Nerves', *national library of medicine* [Preprint]. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK538136/>.

Wulaningsih, D. *et al.* (2022) 'Jurnal Keperawatan Pengaruh Neurodynamic Mobilization Terhadap Perubahan Kemampuan Aktivitas Fungsional Pada Pasien Cervical Root Syndrome Di Rumah Sakit Universitas Brawijaya Malang', *Jurnal Keperawatan Muhammadiyah*, 7(1), p. 2022.