

Asuhan Keperawatan Pasien Stroke Non Hemorhagik Dengan Masalah Keperawatan Gangguan Mobilitas Fisik Dan Penerapan Tindakan *Range Of Motion* Di Rsud Majenang
Nursing Care Of Non Hemorrhagic Stroke Patients With Nursing Problems Of Physical Mobility Disorders And Application Of Range Of Motion Measures In Majenang Hospital

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ABSTRAK

Stroke merupakan suatu kelainan fungsi otak yang timbul secara mendadak dan terjadi pada siapa saja dan kapan saja. Tujuan penelitian ini adalah menganalisis penerapan *Range of Motion* (ROM) terhadap kekuatan otot pada pasien stroke non hemoragik di ruang Dahlia RSUD Majenang. Metode penelitian ini menggunakan metode deskriptif dengan pendekatan studi kasus yaitu 1 orang pasien stroke non hemoragik dan diberi latihan ROM pasif. Hasil penelitian didapatkan data, TD 180/20 mm/Hg dan kekuatan otot ekstremitas kanan menurun. Diagnosa keperawatan hambatan mobilitas fisik, intervensi keperawatan yang diberikan adalah latihan ROM pasif bertujuan dapat meningkatkan kekuatan otot. Evaluasi setelah dua hari pemberian intervensi pasien dapat menggerakkan tangan dan kakinya sedikit demi sedikit. Kesimpulan sesudah diberikan latihan ROM pasif pasien stroke mengalami peningkatan kekuatan otot pada ekstremitas kanan.

Kata kunci: Stroke Non Hemoragik, ROM pasif, Asuhan Keperawatan

ABSTRACT

Stroke is a disorder of brain function that arises suddenly and occurs in anyone and anytime. The purpose of this study was to analyze the application of Range of Motion (ROM) to muscle strength in non-hemorrhagic stroke patients in the Dahlia room of Majenang Hospital. This research method uses a descriptive method with a case study approach, namely 1 non-hemorrhagic stroke patient and given passive ROM exercises. The results of the study obtained data, TD 180/20 mm/Hg and muscle strength of the right extremity decreased. Nursing diagnosis of physical mobility barriers, nursing intervention provided is passive ROM exercises aimed at increasing muscle strength. Evaluation after two days of intervention, the patient can move his hands and feet little by little. Conclusion After being given passive ROM exercises, stroke patients experienced an increase in muscle strength in the right extremity.

Keywords: Non Hemorrhagic Stroke, Passive ROM, Nursing Care