

Gambaran Keluhan Pasien Gagal Ginjal Kronis yang Menjalani Hemodialisa Berdasarkan Lama Menjalani Terapi di Rumah Sakit Pertamina Cilacap

Description of Complaints of Chronic Kidney Failure Patients Undergoing Hemodialysis Based on Length of Therapy at Pertamina Cilacap Hospital

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ABSTRAK

Gagal ginjal kronis (GGK) merupakan menurunnya fungsi ginjal secara bertahap dan permanen, disebabkan oleh banyak penyakit. Gagal ginjal kronis merupakan penyakit kronis yang muncul dan meningkat di seluruh dunia. Tahun 2018 prevalensi GGK di Indonesia mencapai 30.381 jiwa. Upaya untuk menangani masalah gagal ginjal salah satunya dengan menggunakan terapi hemodialisa. Tujuan penelitian ini adalah untuk mengetahui gambaran keluhan pasien gagal ginjal kronis yang menjalani hemodialisa berdasarkan lama menjalani terapi di Rumah Sakit Pertamina Cilacap. Desain yang digunakan adalah *cross sectional*. Teknik sampling yang digunakan adalah *Purposive Sampling* dengan besar sampel 80 responden. Analisis data menggunakan deskriptif. Hasil penelitian menunjukkan lebih banyak ditemukan laki-laki dengan jumlah 43 responden (53,8%), keluhan paling banyak yaitu lama menjalani >24 bulan sebanyak 28 responden (35%) dengan keluhan oedema paru sebanyak 8 responden (8,8%), kelelahan 7 responden (8,8%), pusing 6 responden (7,5%), sesak nafas 4 responden (5%) dan mual muntah 4 responden (8,8%). Penelitian ini dapat disimpulkan bahwa gambaran keluhan pasien gagal ginjal kronis yang menjalani hemodialisa di Rumah Sakit Pertamina Cilacap lebih banyak ditemukan pasien laki-laki dan lama menjalani hemodialisa >24 bulan.

Kata Kunci: Gagal Ginjal Kronis, Hemodialisa, Lama Menjalani HD

ABSTRACT

Chronic renal failure (CKD) is a gradual and permanent decline in kidney function, caused by many diseases. Chronic renal failure is a chronic disease that is emerging and increasing throughout the world. In 2018, the prevalence of CKD in Indonesia reached 30,381 people. One of the efforts to treat the problem of kidney failure is by using hemodialysis therapy. The aim of this study was to determine the description of complaints from chronic kidney failure patients undergoing hemodialysis based on the length of therapy at Pertamina Cilacap Hospital. The design used is cross sectional. The sampling technique used was purposive sampling with a sample size of 80 respondents. Data analysis uses descriptive. The results of the study showed that there were more men with 43 respondents (53.8%), the most common complaint was that the duration of treatment was >24 months as many as 28 respondents (35%) with complaints of pulmonary edema as many as 8 respondents (8.8%), fatigue 7 respondents (8.8%), dizziness 6 respondents (7.5%), shortness of breath 4 respondents (5%) and nausea and vomiting 4 respondents (8.8%). Conclusion this research is that the complaint description of chronic kidney failure patients undergoing hemodialysis at Pertamina Cilacap Hospital is more likely to be male patients and the duration of hemodialysis is >24 months.

Keywords: Chronic Kidney Failure, Hemodialysis, Length of HD