

Gambaran Tingkat Kepercayaan Penderita Hipertensi terhadap Obat Tradisional di Poli Rawat Jalan UPTD Puskesmas Jeruklegi II

Overview of the Level of Trust of Hypertension Sufferers in Traditional Medicine at the UPTD Outpatient Clinic, Jeruklegi II Community Health Center

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ABSTRAK

Obat Tradisional adalah bahan atau ramuan bahan yang digunakan untuk pengobatan oleh masyarakat dilakukan secara turun-temurun dari nenek moyang hingga sekarang. Riskesdas tahun 2018 menunjukkan bahwa di Kabupaten Cilacap yang memanfaatkan pelayanan Kesehatan tradisional 39,37% terutama para penderita hipertensi di Poli Rawat Jalan UPTD Puskesmas Jeruklegi II. Alasan masyarakat menggunakannya karena mudah untuk mendapatkan obat tradisional. Tujuan penelitian ini adalah untuk mengetahui gambaran tingkat kepercayaan penderita hipertensi terhadap obat tradisional di poli rawat jalan UPTD Puskesmas Jeruklegi II. Desain yang digunakan adalah penelitian deskriptif kuantitatif, pendekatan *cross-sectional* dan responden 80 orang menggunakan teknik *purposive sampling*. Analisis data secara univariat dengan distribusi frekuensi. Hasil penelitian menunjukan bahwa responden pada penelitian ini mayoritas memiliki usia di rentang Dewasa Tengah (41-60 tahun) sebesar (67.5%), perempuan (65.0%) dan jenis BPJS yang dimiliki responden sebagian besar merupakan BPJS non PBI (91.3%), pendidikan terakhir SMP (47.5%), ibu rumah tangga (47.5%), pendapatan kurang dari UMR (43.8%) dan memiliki tingkat kepercayaan kategori tinggi (65.0%). Kesimpulan dari penelitian ini adalah para penderita hipertensi di Poli Rawat Jalan UPTD Puskesmas Jeruklegi II memiliki tingkat kepercayaan dengan kategori tinggi.

Kata Kunci : Hipertensi, Obat Tradisional, Tingkat Kepercayaan

ABSTRACT

Traditional medicine is an ingredient or concoction of ingredients used for treatment, and can be applied in accordance with the norms applicable in society. Treatment using traditional medicine by the community has been carried out from generation to generation from their ancestors until now. The 2018 Riskesdas shows that in Cilacap Regency 39.37% of people use traditional health services, especially hypertension sufferers at the Jeruklegi II Community Health Center UPTD Outpatient Polyclinic. The reason people believe in choosing to use herbal plants rather than going to the hospital for treatment is because it is easy to get herbal plants at no cost. The aim of this study was to determine the level of trust of hypertension sufferers towards traditional medicine at the UPTD outpatient clinic at Jeruklegi II Health Center. The design used is quantitative descriptive research with a cross-sectional approach and using purposive sampling techniques. The number of respondents was 80 people. Univariate data analysis with frequency distribution. The research results showed that the majority of respondents in this study were aged in the Middle Adult range (41-60 years) amounting to (67.5%), female (65.0%), non-PBI BPJS (91.3%), last education was junior high school (47.5%), housewives (47.5%) and had incomes less than the minimum wage (43.8%) and have a high level of trust (65.0%). The conclusion of this research is that hypertension sufferers at the UPTD Outpatient Clinic of Jeruklegi II Health Center have a high level of trust.

Keywords: Hypertension, Traditional Medicine, Level of Trust